









Shrimathi Devkunvar Nanalal Bhatt Vaishnav College For Women (Autonomous) Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC, Chromepet, Chennai - 600 044

DEPARTMENT OF HOME SCIENCE

B.Sc Clinical Nutrition and Dietetics B.Sc Nutrition Food Service Management and Dietetics M.Sc Food Science Nutrition and Dietetics

> In association with ICDS Cordially invites you all for the

Commemoration of

BREASTFEEDING WEEK CELEBRATION 2023

One day seminar

The First 1000 days: Nourishing India's future

Lets make breastfeeding work!

SDG: Good health and well-being

AUGUST

FRI

2023

Venue: Seminar Hall 2

Time: 10:00 am

DR R RADHA

DR. VICTORIA PRISCILLA PRINCIPAL INCHARGE SENIOR VICE PRINCIPAL (SFS) VICE PRINCIPAL (SFS)

DR. RENU AGARWAI

DR. V SUBASSHINI DEAN OF NEW AGE SCIENCE AND TECHNOLOGY

DR. R. VIJAYA VAHINI HEAD OF THE DEPARTMENT

Mrs. R SUBARATINAM (MSc HSc FSND) Mrs. P SANGAVI (BSc HSc CND) Ms. N ANU PRIYA (BSc HSc NFSMD) ASSOCIATION VICE-PRESIDENT

INAUGURATION

Timings: 10:00 - 10:30am LACTOGOGUE EXHIBITION

INAUGURAL ADDRESS BY

Mrs. SARGUNA District project officer, ICDS, Chengalpattu district

KEY NOTE ADDRESS BY

Mrs. POORNIMA Child development project officer, St Thomas mount block, Chengalpattu district

SESSION 1

Timings: 10:30 - 11:30am

Topic: BREASTFEEDING - A PREVENTIVE HEALTH CARE FOR

WOMEN

Mrs. KOUSHALYA JAGADEESH, IBCLC Mrs. RAMYAA SANKARANAYANAN, IBCLC, IYCF Lactation Consultants, Director, Mommytalks Wellness Hub, Chennai

> SESSION 2 Timings: 11:30 - 12:30pm

Topic: ENABLING BREASTFEEDING: MAKING A DIFFERENCE FOR WORKING PARENTS

Dr. SHRUTHI T. K, MD, IDPCCM

Associate professor & Senior consultant, Department of Paediatrics Sri Ramachandra Medical College and Research Institute, Chennai

SESSION 3

Timings: 12:30 - 1:00pm Topic: NUTRITIONAL IMPORTANCE OF LACTOGOGUE FOODS Ms. CHANDRALEKHA, Msc. FSND

Alumnus, Clinical Nutritionist, KM Speciality and Bloom, Chennai



PRAYER

INAUGURATION OF EXHIBITION INVOCATION- VIRTUAL LAMP LIGHTING

WELCOME ADDRESS BY HOD ADDRESS BY PRINCIPAL-INCHARGE ADDRESS BY SENIOR VICE PRINCIPAL ADDRESS BY VICE PRINCIPAL ADDRESS BY DEAN

> INAUGURAL ADDRESS Mrs. SARGUNA

DISTRICT PROJECT OFFICER ICDS, CHENGALPATTU DISTRICT

KEY NOTE ADDRESS

Mrs. C. POORNIMA CHILD DEVELOPMENT PROJECT OFFICER, St THOMAS MOUNT BLOCK, CHENGALPATTU DISTRICT

SESSION 1

Mrs. KOUSHALYA JAGADEESH

LACTATION CONSULTANT Mrs. RAMYAA SANKARANARAYANAN LACTATION CONSULTANT TOPIC: BREASTFEEDING - A PREVENTIVE HEALTH CARE FOR WOMEN

SESSION 2

Dr. SHRUTHI T. K, MD, IDPCCM ASSOCIATE PROFESSOR & SENIOR CONSULTANT, DEPARTMENT OF

PAEDIATRICS TOPIC: ENABLING BREASTFEEDING: MAKING A DIFFERENCE FOR WORKING PARENTS

> SESSION 3 Ms. CHANDRALEKHA V,

CLINICAL NUTRITIONIST

TOPIC: NUTRITIONAL IMPORTANCE OF LACTOGOGUE FOODS

QUESTION & ANSWER SESSION

VOTE OF THANKS

NATIONAL ANTHEM