



Shrimathi Devkunvar Nanalal Bhatt Vaishnav College For Women (Autonomous)

Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC,
Chromepet, Chennai - 600 044



Commemorating 55 years of excellence

PRAGYA

(Knowledge Enhancement)

DEPARTMENT OF HOME SCIENCE

B.Sc. Clinical Nutrition and Dietetics

cordially Invites you to the

**FACULTY DEVELOPMENT PROGRAMME AND STUDENTS
DEVELOPMENT PROGRAM 2K24**

Health Efficacy for Educators

SDG 3- GOOD HEALTH AND WELL-BEING

DAY 40 : NUTRITION TO BOOST WOMEN'S HEALTH

20 JANUARY 2024

SATURDAY



**VENUE
SEMINAR HALL 1**

Time: 11:30 AM -1.30 PM

MS. MUTHULAKSHMI

**NUTRITIONIST, DIRECTOR-NUTRIFY WELLFIT PVT LTD,
FOUNDER-EXCELLENCE IN NUTRITION, CO-FOUNDER -INCH WELLNESS**

Dr.R.Radha
Principal In-charge

Dr.K.Kanthimathi
Vice-Principal (Aided)

CONVENOR

Dr. C. Victoria Priscilla
Senior Vice Principal (SFS)

CO-CONVENOR

Dr.Renu Agarwal
Vice Principal (SFS),
Director, SDC

ORGANISING SECRETARIES

Dr. R. Vijaya Vahini
Head, Department of
Home Science

Dr. V. Subasshini
Dean of New Age Sciences
and Technology (SFS)





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SDG 3- GOOD HEALTH AND WELL-BEING

DAY 42 : PROTECT YOUR HEART AND REVERSE YOUR BIOLOGICAL CLOCK

23 JANUARY 2024

TUESDAY



**VENUE
SEMINAR HALL-1**

Time: 11:30 AM -1.30 PM

**DR. PRIYA CHOCKALINGAM
MBBS, MRCPCH, PHD CARDIOGENETICS**

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Principal In-charge

Dr.K.Kanthimathi
Vice-Principal (Aided)

CONVENOR

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SDG 3- GOOD HEALTH AND WELL-BEING

DAY 41 : DIABETES MELLITUS - PREVENTION AND REVERSAL

22 JANUARY 2024

MONDAY



VENUE

MINI AUDITORIUM

Time: 12:00 AM -1.30 PM

DR. JAYASHREE GOPAL
DIRECTOR, DIABENDOINDIA,
CHENNAI

Dr.R.Radha
Principal In-charge

Dr.K.Kanthimathi
Vice-Principal (Aided)

CONVENOR

Dr. C. Victoria Priscilla
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