



Shrimathi Devkunvar Nanalal Bhatt Vaishnav College For Women (Autonomous)
Affiliated to University of Madras - Re-Accredited with 'A+' Grade by NAAC,
Chromepet, Chennai - 600 044

DEPARTMENT OF HOME SCIENCE

B.Sc Clinical Nutrition and Dietetics

B.Sc Nutrition, Food Service Management and Dietetics

M.Sc Food Science Nutrition and Dietetics

INAUGURATION OF DIET COUNSELLING CELL

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HANDS ON TRAINING SERIES FOR STUDENTS

Series 1 - Demystify - The concept of weight management

Series 2 - Fuel your fitness - A hands on training in performance nutrition

Series 3 - Carbohydrate counting - An integrated approach for diabetes management

JANUARY

5, 6, 11

2024

Venue: SDNBVC GB Block

Time: 10:30 am - 1:00 pm

DR. R. RADHA
PRINCIPAL IN-CHARGE

DR. K. KANTHIMATHI
VICE PRINCIPAL (Aided)

DR. VICTORIA PRISCILLA
SENIOR VICE PRINCIPAL (SFS)

DR. RENU AGARWAL
VICE PRINCIPAL (SFS)

DR. V SUBASSHINI
DEAN OF NEW AGE SCIENCE
AND TECHNOLOGY

DR. R. VIJAYA VAHINI
HEAD
OF THE DEPARTMENT

Mrs. R SUBARATINAM (MSc HSc FSND)

Mrs. P SANGAVI (BSc HSc CND)

Ms. N ANU PRIYA (BSc HSc NFSMD)

ASSOCIATION VICE-PRESIDENT

Mrs. S.P.ABIRAMI

DIET CELL COORDINATOR

INAUGURATION

Timings: 10:00 am

SERIES 1

Date: 05/01/2024

Timings: 10:30am - 1:00pm

Topic: DEMYSTIFY - THE CONCEPT OF WEIGHT MANAGEMENT

Dr. CHINNADORAI RAJESWARAN

Consultant and physician in diabetes , obesity, endocrinology,
Director, The London Obesity & Endocrine clinic
A Division of Simplyweight Pvt. Ltd.

SERIES 2

Date: 06/1/2024

Timings: 10:30am - 1:00pm

Topic: FUEL YOUR FITNESS - A WORKSHOP ON PERFORMANCE

NUTRITION

Ms. SHARMADA VENKAT

Sports Nutritionist, MS Sports Nutrition,
ISAK Accredited Kinanthropometrist Level - 1

SERIES 3

Date: 11//01/2024

Timings: 10:30am - 1:00pm

INAUGURATION OF DIET COUNSELLING CELL

**Topic: CARBOHYDRATE COUNTING - AN INTEGRATED
APPROACH FOR DIABETES MANAGEMENT**

Dr. DIVIYA MUTHUKUMAR

Director of CompleAT Nutrition Care

QUESTION & ANSWER SESSION

VOTE OF THANKS

NATIONAL ANTHEM