

STUDENT UNION ACTIVITIES 2023-24

Students Induction Programme - DEEKSHARAMBH - (14/06/23) to (17/06/23)

Student Induction Programme engages with the new students as soon as they come into the institution, before regular classes start. At the start of the induction, the incumbents learn about the institutional policies, processes, practices, culture and values, and their mentor groups are formed. The programme was conducted for 3 days.



Day 1 - Introduction to students about college genesis by our Respected Madam Principal Dr.R.Geetha, general advice to the students about college discipline and general behaviour by Vice Principal (Aided) Dr.M.S.Lekha, Senior Vice Principal (SFS) Dr.C.Victoria Priscilla, Vice Principal (SFS) Dr. Renu Agarwal was given in two slots (aided+shift I in morning slot and shift II in slot 2)

Day 2 - Knowledge about various Student Progression Bodies and activities of the college by NCC, NSS, IIC, ROTARACT, LIBRARY, PHYSICAL EDUCATION, SWAYAM MOOC and NPTEL, EVS was given to students in two slots

Day 3 - The students were enlightened with the speech by Kavignar Dr.Uma bharathi and Dr. Uma Maheswari, Inspired by Yoga meditation by Isha Yoga Volunteers and Orientation regarding AMCAT was given.

WORLD YOUTH SKILL DAY - 15/07/2023

The World Youth Skill Day was celebrated on 15th July 2023. We had Ms.Venitia D Cruz, as the chief guest. The World Youth Skill Day was celebrating to know the strategic importance



of equipping young people with the essential skills for employment and entrepreneurship. Since then, World Youth Skill Day events have provided a unique opportunity for dialogue between young people, technical and vocational education and training institutions, firms, employers' and workers' organizations, policy makers and development partners. Participants have highlighted the ever-increasing significance of skills as the world is embarking on a transition towards a sustainable model of development. The chief guest released the skill development logo of our college.

GOODWILL MEALS - 15/07/2023

Goodwill meals, sponsored by our beloved Management, started on 15/7/23, commemorating



Goodwill meals, sponsored by our beloved Management, started on 15/7/23, commemorating the Birth Anniversary of our former Chief Minister Thiru. Kamarajar. The program was inaugurated by Tmt. Vijayalakshmi, Retd. Accounts Officer, Office of the Accountant General (A & E). 45 needy students were benefited by the mid-day meals sponsored by our management.

STUDENT UNION INAUGURATION-24/07/2023

SDNB INAUGURATES ONE OF ITS POWERFUL MEDIUM UNION 2023-2024



Students' Union is an association that works for the welfare of the students' community of SDNB Vaishnav College for Women.

The renowned institution Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women inaugurated its students Union for the academic Year 2023-24 on 24th July 2023 at Seminar Hall.

The Program was organised by the College management and witnessed by the Chief Guest Dr.Sudha Seshayyan, Former Vice Chancellor of MGR Medical University and also a proud alumnae of our esteemed institution. Seminar hall 1 was where the event was conducted and it was live telecasted in seminar hall 2. The event started with a prayer song accompanied by Virtual Lighting of Lamp. Revered Madam Principal In-charge Dr. R. Radha delivered the welcome address, presented a detailed report of our College's Journey through the years and introduced the student union members of this academic year.

Followed by Principal in-charge Dr.R. Radha, Dr. G. Tamilselvi, Dean of Student Affairs (Aided), welcomed our chief Guest with a brief Introduction.

Dr. Sudha Seshayyan, is a multi-tasker, a medical teacher, a medical administrator, an educationist, a spiritual scholar & orator, a Tamil & Sanskrit literary resource, an author & writer, a media personality – all rolled into one.

Having such an eminent person as our guest of the day and as proud alumnae of the renowned institution SDNB Vaishnav College, shared memories about her pre-University Course (PUC) at our college. She described how the college was back then. She recalled her professors and the policies of the college. She also lauded the institution for moulding and shaping her into the person who she is today. She mentioned playing on the collegiate hockey team. She was ecstatic about the college's expansion.

She gave us more information on the potential for being a Woman. She discussed with us the astonishing difference between the brains of men and women, and she lauded the multitasking skills possessed by Women, which gave a sight of wisdom in us as office bearers. She also shared her experiences as the vice chancellor of the Dr. MGR Medical College during the COVID era and her amazing discovery of a new technique for evaluating papers that significantly cuts down on the amount of time and human resources required.

The event concluded with a vote of thanks by Student union Vice president(SFS) Ms. Subatra Natarajan and National Anthem.

PG INDUCTION PROGRAMME-02/08/2023



PG Student Induction Program (SIP) was conducted on 2nd August, 2023 at Seminar Hall 2. The Chief Guest of this Programme was Mr. Ravindran Sambandam, C-Suite Coach,

Governance & Sustainability Advisor, Business Consultant. The program's goal is to make students feel at ease in their new environment, to establish a healthy daily routine, to foster bonding between faculty and students, and to develop awareness, sensitivity, and understanding of the self and society and to inculcate the culture of the institution.

PG Students Induction Program started with tamizh thai vazthu followed by college prayer. The welcome address was proposed by Murugalakshmi S from M.Com general and Srividhya R from M.com A & F. A brief description of the institution which included the motto, history and reputation of college, Infrastructure facilities along with recent achievements was presented by our Senior Vice Principal (SFS) Dr. C. Victoria Priscilla ma'am who graced the occasion with her presence. Then, our Vice Principal, Dr. Renu Agarwal, spoke to the PG students about different extracurricular activities, particularly the Earn & Learn programme. A video of the College Profile was displayed, which included members of the College Management, Infrastructure, numerous laboratories, a digital library, a canteen, and hostel amenities following that PG department videos were presented which includes the informative documentary, objective and features of various departments were presented to the students.

A Brief Introduction about Chief guest Mr. Ravindran Sambandan was given by Dr. R. Indira, PG Student Union Vice President. Followed by the introduction, the Chief Guest Shared his Motivational speech mainly on "India Need Women Leaders". He explained the role of good Leaders in future. Also spoke "Shared Leadership" importance in students' life. He narrated the story of Usain Bolt for achieving success in life. He shared several videos about confidence and perseverance. After that, Mrs. G. Muthulakshmi ma'am, Deputy Controller of Examination presented a brief on academic examination pattern and assessment along with grading scheme and results. Then, Mrs. R. Subaratinam ma'am, MOOC co-ordinator enlightened the students about the importance of Swayam MOOC online courses and various online courses offered in NPTEL and suggested the students to enroll and register for the examinations. Followed by, Dr. N. Priya ma'am enriched the students by elaborating the various research activities practicing in our college. She talked about the importance of Research Skill Program, Young Research Projects and Students Journal-'Sparkles'. After the completion of the sessions, the Vote of Thanks was delivered by Dr. R. Sangeetha, Dean of Students Affairs. The Program was ended with National Anthem.

28/8/2023 - SENSITIZING PROGRAM ON ROLE OF YOUTH IN PROMOTING SOCIAL CHANGE & STUDENTS PARTICIPATORY EMPOWERMENT FORUM (SPEF) INAUGURAL 2023 – 2024



The department of MSW organized Inaugural 2023-2024 convened on 28/8/23 at Seminar hall 2, marking a pivotal moment in empowering and mobilizing youth for societal progress. The Chief Guest for the event was DR.A.Sylvia Daisy. The audience comprising students, educators, activists, and community leaders, the event served as a platform for dialogue, inspiration, and action. Delving into the overarching theme of youth empowerment, participants engaged in thought-provoking discussions, interactive workshops, and inspiring speeches aimed at igniting a sense of responsibility and agency among the youth. This event not only sought to raise awareness about the critical role of youth in driving social change but also formally inaugurated the Students Participatory Empowerment Forum (SPEF) for the academic year 2023-2024, signifying a commitment to sustained youth involvement and leadership in shaping a better future.

CHANDRAYAAN MAHOTSAV - 04/09/2023



With the triumphant accomplishment of Chandrayaan - 3, India has achieved a remarkable milestone by becoming the pioneering nation to successfully land on the southern pole of the Moon and the fourth country to have a soft-landed robotic instrument on the moon. This significant achievement in the science and technology sector at the beginning of India's Amrit Kaal and on the threshold of G20 leadership has every reason for celebration by all the citizens and HEIs.

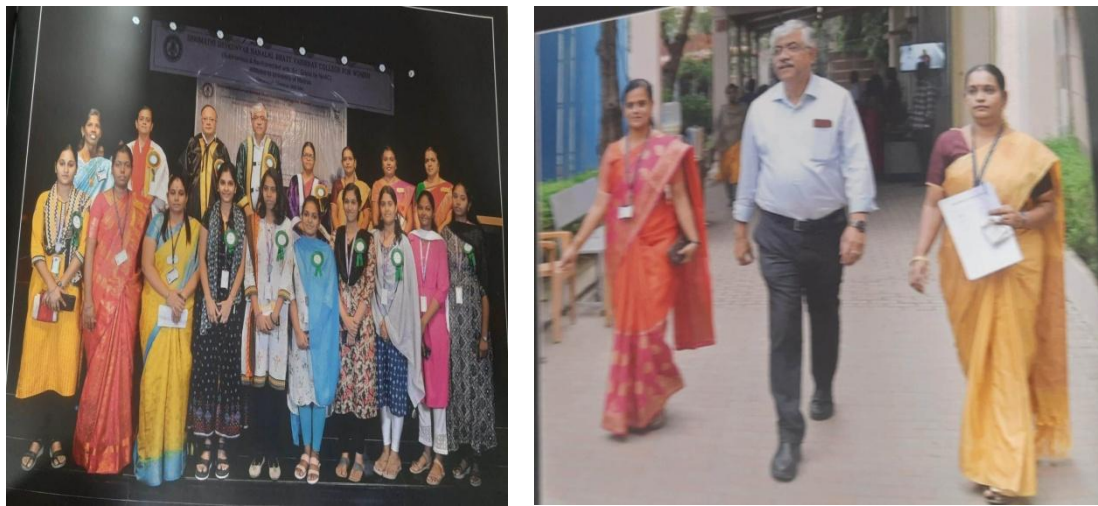
To celebrate this extraordinary achievement and inspiring milestone, the Indian Space Research Organisation (ISRO) of the Ministry of Science and Technology (MoS&T), and the All India Council for Technical Education (AICTE) of the Ministry of Education (MoE) of Govt. of India invite all our esteemed higher education institutions (HEIs) to organise CHANDRAYAAN MAHOTSAV on 4th September 2023. Hon'ble Prime Minister of India is to address the HEIs on this occasion. Students erupted in celebration as India's Chandrayaan-3 made a historic moon landing.

SEMINAR ON HUMAN RIGHTS -14/12/23



PG department of Social work in collaboration with Students union conducted a declaration seminar on Human rights on 14/12/23 at Seminar hall 1. R.Nithya associate professor of PG social work from Ethiraj college was the speaker .

Graduation Day Report 21 & 22, Dec, 2023



SDNB Vaishnav College Celebrated the Graduation Day from 20th December to 22nd December, 2023. The proceedings officially began with a warm welcome from the college Principal in Charge setting the tone for the day's festivities and acknowledging the significance of the occasion.

On Day 2, the distinguished guest **Prof. Sarit Kumar Das, Member VC-Covener Committee, Professor HTTP Lab, Department of Mechanical Engineering, IIT Madras, Chennai** delivered an inspiring commencement address, imparting wisdom, encouragement, and advice to the graduating class as they prepared to embark on their next journey.

On Day 3, 20th December, the honorable Chief Guest **Dr. Jane Prasad IP & TAFS (Indian Post & Tele Communication Accounts & Finance Service Registrar, IIT Madras)** delivered an inspiring commencement address, imparting wisdom, encouragement, and advice to the graduating class as they prepared to embark on their next journey. The highlight of the ceremony, graduates were individually recognized and presented with their degree certificates. The ceremony concluded with closing remarks, thanking attendees for their participation, and reminding graduates of the support.

Indian Culture Program Report (22/01/24)



Department of Sanskrit and Students Union Council 23-23 organised Indian Culture Building Program on the topic **Valmikiyum Kambanum**. The Chief Guest of the program was **தருமையாதீனப் புலவர் சித்தாந்த சரபம்**, Arunai Palaravayan, Associate Professor (Retd.) Department of Tamil, Loyola College, Chennai. The Program provided a stimulating intellectual forum for scholars, students, and enthusiasts to explore the rich literary legacies of two visionary poets whose contributions continue to resonate across time and space. Through insightful discussions, comparative analyses, and scholarly presentations, participants gained a deeper appreciation for the enduring relevance and cultural significance of the Ramayana as interpreted by Valmiki and Kamban.

FOOD SHARING DAY - 24/01/2024



On January 24, 2024, our college hosted the "Joy of Caring by Sharing" event, centred around Food Sharing Day. During the break time, students showcased their culinary talents by bringing homemade dishes to share with friends. The event fostered a warm and inclusive atmosphere, with students from various backgrounds participating enthusiastically. The array of homemade treats on display reflected the rich diversity within our college community. Beyond the enjoyment of good food, the event facilitated meaningful connections and conversations among students, highlighting the values of generosity and empathy. Overall,

the Food Sharing Day event was a resounding success, reinforcing the spirit of unity and camaraderie within our college.

**29/01/2024-31/01/2024 FACULTY & STUDENTS DEVELOPMENT PROGRAM
PRAGYA-THE STUDENT DEVELOPMENT PROGRAMME 2023-24**



Students Union Council & IQAC organised a three-day Faculty & Student development programme titled Sustainability Preference in the Future Minds from 29th to 31st January, 2024. The primary objective of this programme was to provide participants with a comprehensive understanding of the fundamentals of various sustainable development goals. Further, the program provided meaningful insights into future perceptions of sustainability towards industries, the importance of good Health Practices and raising awareness on solid waste management.

PROGRAMME ON “ MENTAL HEALTH WELLNESS (27/02/2024)



SDNB Vaishnav college has initiated a programme for the year 2023-24 on 27th FEBRUARY ,for the most concerned topic “mental health wellness” for the students of our college in an enthusiastic manner .

The programme Mana Arogyam’s feature speaker was MR. K .KALEESWARAN , founder & managing director of OOKKAM FOUNDATION , also a Psychologist , Corporate Well-Being Trainer , and TamilNadu Police Well-being Master Trainer

The session started by addressing what mental health is , in what stage is our mental health in and also suggested the most useful tips to maintain a good mental health and well being.

Mr . K. KALEESWARAN attended the students with many interactive activities like calling up students in front to portray them the way to speak and handle the situation in the best possible way where it doesn’t affect the society and mental health .

It included the best part by hearing the students' issues regarding mental health and resolving with his insightful ideas and remedies .

The day was finally concluded with a super energetic meditation for the students which included soft relaxing music to enrich the effect of meditation to all parts of the body .

Anti Drug Club Report (07/03/24)



The Anti-Drug Club was inaugurated on March 7th, 2024. The club was introduced to raise awareness about the dangers of drug abuse, provide support for the students struggling with addiction, and mobilize the community to take a stand against substance abuse.

The ceremony began with a powerful keynote addressed by **Mr.K.Kaleeswaran, Founder & Managing Director of Ookam Foundation**, a renowned addiction psychologist. They

emphasized the importance of prevention, early intervention, and community support in addressing the issue of drug abuse.

By raising awareness, providing support, and fostering community engagement, the club is poised to make a meaningful impact in the fight against drug abuse.