

A STUDY ON PSYCHOSOCIAL EFFECTS OF BULLYING AMONG COLLEGE STUDENTS

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ABSTRACT

One of the many interactions that the young adult has with their classmates is bullying. Bullying occurs when someone is abused, obnoxiously dominated, or threatened with unpleasant mocking or threats. Bullying has increased in prevalence among the groups, yet it is still a problem that is not well understood in Indian society. Many studies indicate that people who have experienced bullying frequently have long-term psychological effects that may have an impact on their welfare. There are experts that state that there is a drastic difference in the cases of bullying among gender. In light of this environment, the current study sought to examine bullying experiences among young people in India and assess the psychosocial aspects from a gender perspective.

METHODOLOGY: *The main focus of this study is on the psycho social effects of bullying among college students and also focuses on the gender perspective of bullying. The sample consisted of 70 college students in Chennai, both males and females. They were assessed on a self-prepared questionnaire by using a simple random sampling method.*

RESULTS: *Around 70% of the samples have witnessed bullying or were victims of bullying. The study also reveals that how individuals who have experienced bullying have led to long-term consequences for the victims which have affected their current scenario of daily life. The findings of the present study suggest that the male respondents have experienced more bullying than female respondents on the basis of their physical and social factors. The study also suggests that there is a need to identify such instances at school level and plan interventions at various stages.*

KEYWORDS: *Bullying experiences, Gender, Indian setting, psychological functioning, social factors, college students.*